

A collection of colored pencils in various colors (yellow, orange, red, pink, purple) arranged in a semi-circle on the left side of the image, pointing towards the center.

# **CFF** **CZEPCZYŃSKI FAMILY FOUNDATION**

STATUTORY OBJECTIVES: EDUCATION  
AND DEVELOPMENTAL THERAPY

EDUCATIONAL PROJECTS

# FOUNDATION'S MAIN STATUTORY OBJECTIVES



**EDUCATION** - the first objective of our Foundation is to run innovative, educational programmes. Our addressees are mainly preschool and early school children. These are the stages when we are able to shape attitudes and prepare the youngest children for adulthood.

**THERAPY** - our actions and projects are based on widely understood therapy and support for people with disabilities. We look at both aspects holistically. Not only do our programmes provide real help, but they also respond to current social needs.





## PARTNERSHIPS (SDG-17)

One of Foundation's statutory objectives is engaging in stable partnerships. This is why we cooperate with many entities whose objectives are similar to ours.

We strongly believe that only working together can really have an impact on changing the world and solving serious social problems.





# PROJECTS



# EDUCATION ON ECONOMICS (SDG-S 4)



According to the research\*, the lack of financial and economic education results in many negative consequences in the adulthood.

ABC of Economics fills in the gap in the core curriculum with the issues of money, economy or entrepreneurship. Thanks to this knowledge, children will acquire skills needed for making conscious financial decisions in the future.

\*the assessment of the economic knowledge and financial awareness

# A HANDBOOK

„ABC of Economics. First steps in the world of finance” is a book written by Żaneta Kupczyk and Wiktor Czepczyński for children aged 5-10.

Along with Sophie and Max, kids can become familiar with the world of money on the basis of the experience they know from their own life.

The chapters were written in such a way that an episode ends with a question introducing the readers to the following one. Children learn that a lot of issues from the world of money are related to one another, e.g. parents' work with the home.



The book is translated to English, German, Portugese, Spanish, Italy and Kashubian (ethnic minority language in Poland).



# THE WORKSHOPS

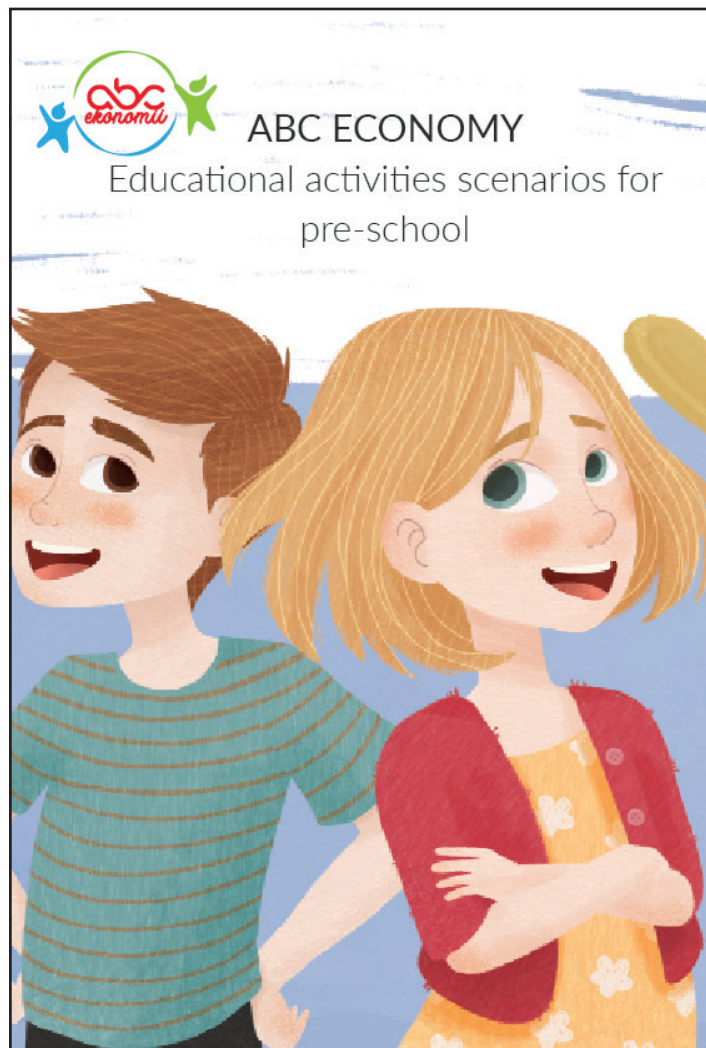
Our team of educationalists have created a set of lesson plans connected with the 12 chapters from the book.

Knowing that children learn better by doing and acting, the lesson plans are based on the form of workshops.

These lessons can be run not only by the teachers but also by anyone who wishes to have influence on economic education. The lesson plans were written in a very simple language with special comments from the educationalists so that everyone could understand what to do step by step.



# LESSON PLANS



## TOPIC: WHAT IS MONEY?



TOPIC: WHAT IS MONEY?



AGE GROUP: 5-6 YEARS OLD



TIME: 30 MINUTES



LESSON OBJECTIVES  
GENERAL OBJECTIVES:

A child:

- gets familiar with the following words: money, a banknote, a coin, a payment card,
- specifies different methods of payment (from the past and from current times),
- performs math calculations up to 10,
- cooperates in a group,
- comments on the content of the story.

DETAILED OBJECTIVES:

A child:

- explains in their own words the meaning of: money, a banknote, a coin, a payment card,
- categorises sources of payment (old & contemporary),
- recognises a coin, a banknote, a payment card,
- adds up to 10,
- designs their own payment card,
- politely interacts with peers,
- answers teacher's questions in full sentence.



METHODS OF WORK:



COMMUNICATION-BASED: a story, a conversation



OBSERVATION-BASED: infographics, a poster



HANDS-ON ACTIVITY: movement game, worksheets



FORMS OF WORK:



individual work



group work

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TEACHING RESOURCES:

- a book „ABC Economy - first steps in the world of finance”,
- money templates,
- a recording of cheerful piece of music or a musical instrument (eg. a drum, a tambourine),
- PDF worksheets / posters,
- worksheets (1-3),
- class evaluation sheets.



LESSON FORMAT:

INTRODUCTION:

1. Introduction of the topic

Inform the children that they're going to take part in an educational project „ABC Economy - first steps in the world of finance". Read aloud the „Dear Readers" part of the book - a message of the author of the book to young readers which also introduces the main characters (a book + a worksheet).

REALIZATION PHASE:

1. Listen to the first part of the story.

Having read the part of the book: „What is money?", ask the children to answer Zosia's questions, based on their own experience. Ask questions:

*What is money? What is money for? What does money look like?*

Tip: When the children have already answered the question „What does money look like", show them a banknote and a coin (either the real ones or the ones in templates). Present them with a PDF poster of coins and banknotes used in different countries.

2. Listen to the second part of the story.

Having read the part: „No, these are coins - responded the grandfather", invite the children to a movement game „Coins and banknotes".

Game description:

Children are moving to the sound of music. When the music stops, children wearing green sashes collect coins, children with red sashes collect banknotes.

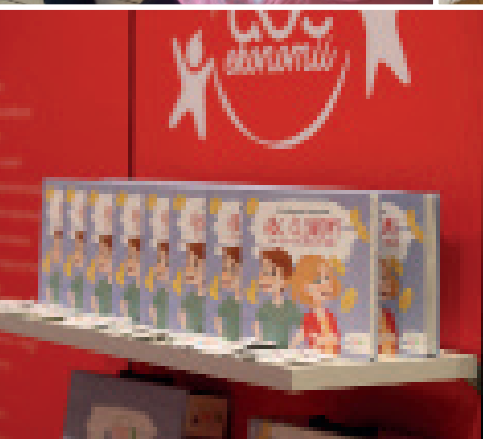
Tip: If you don't have sashes at your disposal, group the children into a team of girls and a team of boys.

MORE DIFFICULT VERSION:

Children are moving to the sound of music. When the music stops, they collect coins and banknotes from the carpet. When all money disappears from the carpet, the children sit down to count how many coins and banknotes they've gathered. They say the

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# DIDACTIC VALUE

The project had its free of charge pilotage in the school year 2018/2019 under the honorary patronage of Chief Education Officer of Wielkopolska Region in Poland. The project is run under the patronage of UNICEF POLAND and ROTARY District 2231.

Our educational materials has also been appreciated by the City of Gdańsk which introduced our 'ABC of Economics' program to its kindergartens.



# ABC EMPATHY



Here we meet Sophie and Max again! Wiktor, Żaneta and Katarzyna wrote a sequel of “ABC of Economics...”- „ABC of empathy, for we are all the same”.

ABC of Empathy is a cognitive project which, by educating children from the youngest age, aims to eliminate barriers and stereotypes related to people with disabilities, as well as to change thinking and negative attitudes to disability.



## Nauczycielu! Garść informacji dla Ciebie

### Co to jest cukrzyca?

Cukrzyca to choroba charakteryzująca się podwyższonym stężeniem glukozy we krwi (hiperglikemią) wynikającym z zaburzenia wydzielania i/lub działania insuliny.

### Skąd się bierze cukier we krwi?

„cukier” = glukoza

**Glukoza** jest końcowym produktem trawienia pożywienia, zwłaszcza węglowodanów.

**Węglowodany** pochodzą z produktów roślinnych (zboża, kasze, ryż, warzywa, owoce).



**Węglowodany „słodkie”** (proste, np. cukier, owoce, słodczyce, soki) **gwałtownie podnoszą** stężenie glukozy we krwi (produkty o wysokim indeksie glikemicznym IG).



**Węglowodany „niesłodkie”** (złożone, np. chleb, kasza, warzywa) **powoli podnoszą** stężenie glukozy we krwi (produkty o niskim indeksie glikemicznym IG).

## Po co glukoza i Insulina we krwi?



**Glukoza** jest paliwem dla organizmu

Organizm potrzebuje glukozy **w komórkach** by móc funkcjonować



**Insulina** umożliwia, by glukoza z krwi „weszła” do komórek, czyli tam gdzie jest potrzebna – bez insuliny glukoza krąży we krwi, a komórkom nadal brakuje paliwa

Dzięki insulinie poziom glukozy we krwi spada, zaś komórki otrzymują paliwo do prawidłowego funkcjonowania

## O co chodzi w cukrzycy typu 1?

- 1 Układ immunologiczny niszczy komórki beta trzustki, odpowiedzialne za produkcję insuliny
- 2 Początkowo występuje niedobór, a następnie całkowity **brak insuliny**
- 3 Człowiek bez insuliny **nie może funkcjonować**, dlatego w cukrzycy trzeba ją **podawać z zewnątrz do tkanki podskórnej** (czyli zrobić zastrzyk krótką igłą, na głębokość ok. 5 mm)



Dolnośląski Związek Lekarzy Rodzinnych  
Pracodawców



Fundacja Autyzm Up



Fundacja Avalon



Fundacja dla Dzieci z Chorobami  
Nowotworowymi "Krwinka"



Fundacja dla Dzieci z Cukrzycą



Fundacja FONIS



Fundacja Jagoda



Fundacja Mir



Fundacja Oddech Życia



Podkarpackie Stowarzyszenie na Rzecz Dzieci  
z Porażeniem Mózgowym „Daj Szansę”



Polska Fundacja Osób Słabosłyszących



Polska Fundacja Pomocy Dzieciom  
Niesłyszącym -ECHO-



Polski Związek Niewidomych



Polskie Forum Osób z Niepełnosprawnościami



Pracodawcy Zdrowia



Stowarzyszenie "Bardziej Kochani"

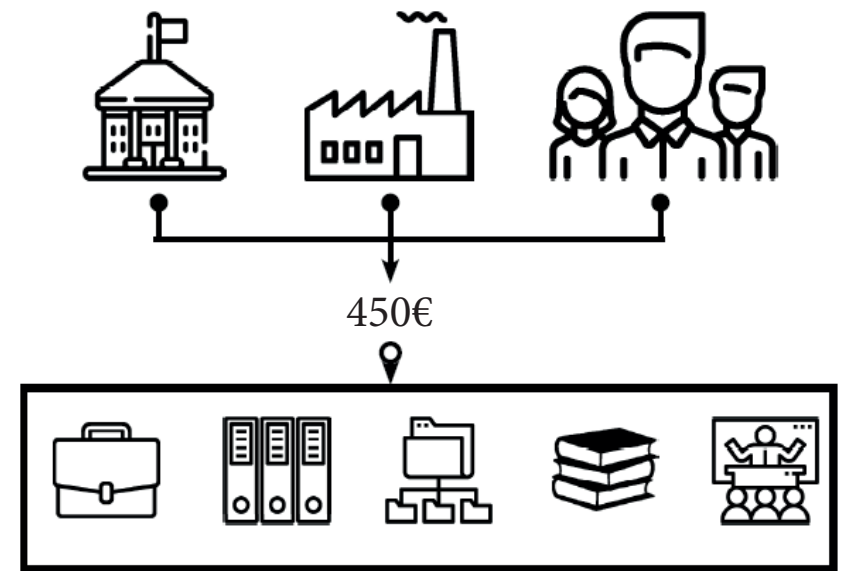


Stowarzyszenie na Rzecz Dzieci i Dorosłych z  
Mózgowym Porażeniem Dziecięcym  
"ŻURAWINKA"

# EDUCATIONAL OFFER FOR 2021/2022 SCHOOL YEAR

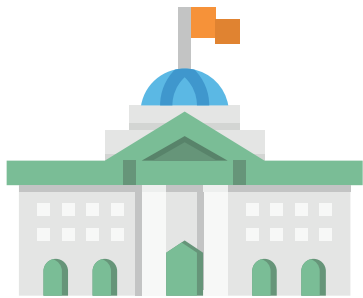
We offer a tailor made solution for educational facilities, authorities, entrepreneurs or anyone who wishes to sponsor a kindergarten or a primary school.

In the price of 450€, which is a single payment, there are 30 books, up to 3 teacher packs, online access to all educational materials and a training for teachers (depending on the individual agreement)



The price includes 5% VAT for the purchase of the books. In any other option, 23% VAT must be added.

# STRATEGY 2021-2023



1000 MUNICIPALITIES



100 HOSPITALS



43.000 BOOKS



# CFF IN COVID-19 PANDEMIC

Since the very beginning, the Foundation has joined the fight against the virus, especially when it comes to homeschooling.

We have supported preschoolers' parents and caretakers by providing them with tailor made materials for economic education at home.

We are part of the group: Jesteśmy Razem, Pomagamy!



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